

FORWARDS

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|---------------------------|------------------------|
| 1. Saskia Herrmann | AAC Rugby |
| 2. Anoushka Beukers | Rugby Club the Bassets |
| 3. Samantha Martinez Gion | AAC Rugby |
| 4. Tessa Wijmans © | AAC Rugby |
| 5. Annemieke van Vliet | AAC Rugby |
| 6. Linde van der Velden | Castricumse Rugby Club |
| 7. Bodil van Wijnbergen | All Blues |
| 8. Inger Jongerius | Rugby Club Waterland |
| 9. Bowien van der Sluijs | Castricumse Rugby Club |
| 10. Nicky Dix | All Blues |
| 11. Lynn Koelman | Castricumse Rugby Club |
| 12. Robin Wubben | Rugby Club the Bassets |
| 13. Esra van Ramele | Delftse Rugby Club |

BACKS

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|------------------------|------------------------|
| 1. Jordan Heil | AAC Rugby |
| 2. Lorraine Laros | Delftse Rugby Club |
| 3. Hiske Blom | Castricumse Rugby Club |
| 4. Elke van Meer V/C | RUS |
| 5. Marit Bakker | Delftse Rugby Club |
| 6. Kika Mulling | Rugby Club the Bassets |
| 7. Willemijn ter Avest | AAC Rugby |
| 8. Miriam van der Veen | Castricumse Rugby Club |
| 9. Erin Arends | All Blues |
| 10. Marsha Volker | All Blues |